

Listen

Meditate

Pray

Contemplate

Connect

CAFÉ CHURCH
Sunday 30th July 2023



Welcome

Approaching God

Grant, O Lord, that through our worship,
we may be awakened to the wonder of your love for us;
that familiar words may shine with new meaning
that the habit of worship may be cleansed
of all undue formality and mere ceremonial observance.
Open our eyes to see your loveliness,
and warm our hearts as you speak your word to us.
May we know ourselves forgiven, loved and free;
energised with new life, with new vitality
and power through your Holy Spirit;
for the sake of Jesus Christ, our Lord.
Amen.

Confession

Let us confess our sins together as the family of God:

**Lord we are sorry,
sorry for the things we have done or not done
we are sorry for that which was said or not said
that may have caused hurt and turned people away from you,
forgive us Lord.**

The Lord is slow to anger and full of mercy and grace, forgiving us all
our sins when we turn in faith and receive his love.
Amen.

Intro to Lectio

Listen, Meditate, Pray, Contemplate

Hymn **ALL I ONCE HELD DEAR, built my life upon,**
All this world reveres, and wars to own,
All I once thought gain I have counted loss;
Spent and worthless now, compared to this.

Knowing You, Jesus,
Knowing You, there is no greater thing.
You're my all, You're the best,
You're my joy, my righteousness,
And I love You, Lord.

Now my heart's desire is to know You more,
To be found in You and known as Yours.
To possess by faith what I could not earn,
All-surpassing gift of righteousness.

Oh, to know the power of Your risen life,
And to know You in Your sufferings.
To become like You in Your death, my Lord,
So with You to live and never die.

Intercessions

We come before you Lord,
bringing all that is happening in the wider world,
in the community in which we live
and the people we know and love.

Lord help me to Listen to your voice in my heart
Lord help me to Listen to your voice in my heart

Lord help me to focus on your call
and where my action will be effective .
**Lord help me to focus on your call
and where my action will be effective.**

Lord help me to pray at all times and in all circumstances.
Lord help me to pray in all times and in all circumstances .

Lord help me to contemplate the wonder of your love for me.
Lord help me to contemplate the wonder of your love for me.

Lectio

Listen, Meditate, Pray, Contemplate

Lectio: **1st Reading** **Matthew 13 v31-33**

Here is an illustration Jesus used:

The Kingdom of Heaven is like a mustard seed planted in a field. It is the smallest of all seeds, but it becomes the largest of garden plants; it grows into a tree, and birds come and make nests in its branches.”

Jesus also used this illustration:

The Kingdom of Heaven is like the yeast a woman used in making bread. Even though she put only a little yeast in three measures of flour, it permeated every part of the dough.”

Silence

2nd Reading

Silence

3rd Reading

Action: If you wish, write your word or phrase on a piece of paper. One person from each table can then gather in the words / phrases from their table and bring them to lay on the communion table.

Hymn

TO BE IN YOUR PRESENCE,
To sit at Your feet,
Where Your love surrounds me,
And makes me complete.

This is my desire, O Lord,
This is my desire.
This is my desire, O Lord,
This is my desire.

To rest in Your presence,
Not rushing away;
To cherish each moment,
Here I would stay.

Eucharist Prayer

The Lord is here
His Spirit is with us.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give him thanks and praise.

Worship and praise belong to you Father
in every place and at all times.
You made us, and all the people of the world
and everything that is.

You give us the daylight.
Your Word lights up our minds.
Your Spirit lives in us
so that we can look at the world with your eyes.

As citizens of heaven, we offer you our praise
with angels and archangels
and the whole company of heaven,
singing the hymn of your unending glory;

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth
are full of your glory,
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

Father you never forget us,
or turn away from us even when we fail you.
You sent your Son Jesus, who gave his life for us.
He healed those who were sick,
cared for those who were poor
and cried with those who were sad.
He forgave sinners and taught us to forgive.

For all your love we give you thanks
in the way that Jesus showed us.
For on the night before he died,
while he was having supper with his friends,
he took bread
and offered you thanks.
He broke the bread,
and gave it to them, saying:
Take, eat. This is my Body:
it is broken for you.'

After supper he took the cup,
he offered you thanks,
and gave it to them saying:
'Drink this, all of you.
This is my Blood of the new covenant;
it is poured out for you,
and for all,
that sins may be forgiven.
Do this in remembrance of me.'

**So, as we do what he told us,
we open our hearts to him;
we remember how he died
and rose again for us.**

Hear us, most merciful Father,
and send your Holy Spirit on us
and on this bread and this wine;
that they may be the Body and Blood of Christ,
and that, sharing your life,
we may travel in your company
to our journey's end.

**With all your people
we give you thanks and praise
through the Son and in the Spirit,
now and for ever. Amen.**

Breaking of the Bread

The living bread is broken
for the life of the world
Lord, unite us in this sign.

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Distribution of Communion

*All are welcome to receive the bread and wine
as communion is distributed around our tables.*

Prayer Let us pray together
**Lord as we have received the seed of your love
help us to grow in faith,
live in hope
and walk in love
by the power of your Holy Spirit.
Amen**

Hymn **THERE IS A REDEEMER,**
Jesus, God's own Son,
Precious Lamb of God, Messiah,
Holy One.

Thank You, O my Father,
For giving us Your Son,
And leaving Your Spirit—
Till the work on earth is done.

Jesus my Redeemer,
Name above all names,
Precious Lamb of God, Messiah,
O for sinners slain.

When I stand in glory
I will see His face,
And there I'll serve my King forever
In that holy place.

Blessing The God of hope fill you with all joy and peace in believing;
and the blessing of God almighty, the Father, the Son
and the Holy Spirit be with you now and always. Amen

Sending Out

Go in peace to love and serve the Lord
in the name of Christ, Amen



Lectio Divina



Read



Meditate



Pray



Contemplate

How do we let the Kingdom of God grow in us?

Like a seed the word of God can take root in us as we read it and meditate on its meaning and what it may be saying to us today. Then through prayer and contemplation we seek to be open to God's voice in our lives directing us into good works for the glory of his name.

Lectio Divina, which is Latin for Divine Reading, gives us a structure or practice that all of us can use to guide us and help us grow as disciples of Jesus. Guided Lectio Readings can be found on-line or you can download the **Lectio365 app** from 24-7 Prayer Movement at **www.24-7prayer.com**


The 24-7 prayer movement started in 1999, when one simple student-led prayer vigil went viral, and groups all over the world joined in to pray non-stop. Now, some twenty years on, thousands of communities have taken part in 24-7 Prayer (in-person and virtually) in their churches, communities and cities. We've helped individuals all over the world to encounter God in prayer rooms – now we want to help people develop a daily relationship with Jesus. This is our vision for Lectio 365: to help millions of people to learn to pray the Bible every day and go deeper in prayer each morning and night.



Lectio 365
Daily Devotional Resource

**TRY
SOMETHING
ANCIENT**



D O U H T C S B M D P T T V P
 N N R Q Z K S U B G D Q W Z T
 Y R N W G H E Z P O U N D S O
 E O H E A V E N U S R C E T H
 A W J X K I D S M A L L E S T
 S V J D L  W O M A N
 T M N O A U Q T M M
 K W A U R G R O W S
 I G B G G R Y H I J
 N T Z H E B I R D S
 G L K W S M U S T A R D Y R D
 D W L O T H W F L O U R P G N
 O P B S I X T Y H S D I J T B
 M J N H K S M F Y X D I N N J
 D D G Y H X J B P A R A B L E

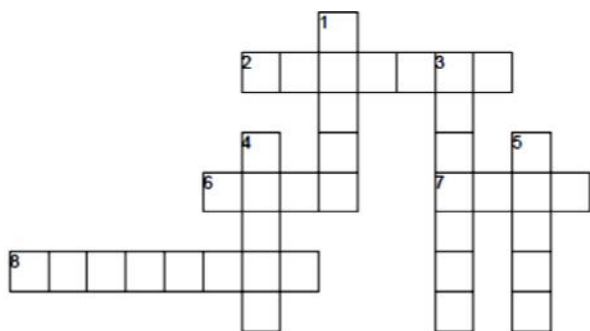
MUSTARD
 SMALLEST
 POUNDS

KINGDOM
 HEAVEN
 YEAST

GROWS
 WOMAN
 DOUGH

FLOUR
 PARABLE
 BIRDS

LARGEST
 SIXTY
 SEED



ACROSS

2. A story told by Jesus to help explain his teachings
6. A small grain of a plant placed in the ground for growing another plant
7. To become larger; to increase in size or amount
8. Not as big as any of the others

DOWN

1. A food made from dough of flour or meal
3. Bigger than any of the others
4. A member of the fungus family used in baking to help make the dough rise
5. A mixture of flour, water, and other ingredients to make bread



Saturday 5th August Afternoon Tea 2.30pm at St Mary's

In celebration of our Patron Saint, Mary Mother of our Lord we invite you to a special afternoon tea from 2pm in St Mary's Church

Friday 18th August Quiz Night

Planning to be an evening of fun with brain teasing questions and other activities we invite you to join with us for a Quiz night at Dalkeith Rugby Club on Friday 18th August. Doors open from 7pm with the quiz beginning at 7.30pm. £10 per person includes a Supper Buffet. You can come on your own, with a friend or bring a Team of 4 to 6 people. We will make up teams on the evening so you wont be on your own just come along and join in the fun.



Monthly Bake Sale

Thursday 3rd August

10 am to 1pm

Pitcairn Centre, High St, Bonnyrigg

Donations to our Monthly Bake Sale on the first Thursday of each month can be brought along on the morning of the Sale. Please speak to Fiona for baking suggestions or to offer to help staff the stall. Thank You.

Summer Fair Update

The final total raised by our Summer Fair has come in at £1585.79. Our thanks and appreciation to all involved. The Fair along with raising this amount was a wonderful day of fellowship and outreach to the community.



Annie Naish , Mercy Ships

Annie lives and serves on board the African Mercy hospital ship and is chaplain to a sizeable crew of specialist medics and volunteers who perform life changing surgeries. As well as Chaplain Annie is also leader of the scuba diving team regularly working under the ship to keep the water intakes (for cooling generators, etc.) clear of rubbish and marine-life. Currently the African Mercy is undergoing a refurb in Durban.



Annie writes: "It really is like living in a building site, with many demanding conditions. As well as all these physical

challenges everyone on board is working really hard. Although the actual refit is being done by the shipyard and other outside contractors, the AFM crew have a crucial role in supporting, enabling, facilitating this project work, whilst also doing our own vital renovations.

. It has been a real privilege to be the sole chaplain on board. Seeing how God is at work bringing hope and healing and changing lives even amongst the daily noise, dust and chaos is always so exciting. I am very proud of being part of the dedicated, committed, elite "AFM Durban 2023" crew and will look back on this as one of the most extraordinary experiences of my life. Please pray for Annie as she explores her future ministry and pray for the work of Mercy Ships in its global outreach to bring good news and health care to many in need..



St Mary's
stmarysdalkeith.org.uk

St Leonard's
stleonardslasswade.org.uk

Find us on  **@StLandM**

Church Office & Rectory 11 Peacock Parkway Bonnyrigg EH193RQ

 0131 663 7000 or email  office.stlandm@gmail.com

Our Rector's Day off is usually a Monday

Both Churches are registered Charities

St Leonard's Episcopal Church: Lasswade SC014151

St Mary's Episcopal Church: Dalkeith SC001677