

Connect

The weekly news from St Leonard's & St Mary's
Sunday 8th August 2021

"I am the bread of life; whoever comes
to me shall not hunger, and whoever
believes in me shall never thirst."

John 6:35



A Guide to worship in the Church

We are operating within LEVEL 0 Regulations



Basic Hygiene

Please remember to wear your mask and use the hand sanitiser when entering and leaving the building



Social Distance 1m

Under Level Zero regulations we are asked to keep at least a 1metre social distance.



Signing in Worship

A copy of the Connect News will be on the Pew containing the Liturgy for the service. Please take your copy home with you. We are now allowed to Sing again but sadly we still need to keep our Masks on. So please do feel free to be a Masked Singers



Communion

- Mask, Sanitise, Receive, Consume, Replace
When invited to receive the Communion Bread please come forward come forward remove your mask, then sanitise your hands before receiving, consuming and replacing your Mask. If you are unable to come forward the Priest will come to you. To facilitate this please ask to be seated in an accessible place.



Fellowship and Exit

We are working towards resuming our after service fellowship with refreshments but for now we ask you to continue to Exit the building at the end of the service and to have a short time of fellowship outside the building before leaving the grounds.

As of 25th July 2021

NEW UPDATES effective from Sunday 15th August

We are awaiting confirmation about further changes to the COVID regulations which will be in place from 15th August. In theory we will still need to continue with good hygiene, wearing Masks, but with no Social Distancing. Restrictions on numbers attending may also be lifted.



A Rector's Muse

*O ye cannae fling pieces
oot a twenty-story flat,
Seven-hundred hungry weans
will testify tae that,
If it's butter, cheese or jeely,
if the breid is plain or pan,
The odds against it reaching earth
are ninety-nine tae wan.*

Bread is very much part of our staple diet and if you grew up in Scotland then a Mothers Pride loaf often had pride of place on the kitchen table. In fact for many years I didn't know that there was any other type of bread than Mothers Pride with its rectangular shape and tough crust. Of course now I know that there are so many different types of breads many of which when freshly baked are scrumptious. My current favourite is one with pumpkin and sunflower seeds for a tasty treat and some roughage. Around the world the use of bread is common and every nation seems to have its own variety but they underline the universal fact that we all need our daily bread.

Jesus uses the symbolism of Bread to teach and challenge us about who he is? I am the bread of life, he declares openly to those who are listening to him and leaves the people wondering in amazement at his teaching. However, other people, notoriously the synagogue leaders and teachers of law, grumble amongst themselves asking who does this Jesus think he is? After all surely he is just a man, son of Mary, the carpenter's kid from Nazareth. An ordinary man, from an ordinary family and everyday town.

So often many of us are looking for something extraordinary that we fail to appreciate and enjoy the extraordinary ordinary things of the day. The ordinary humble loaf for example feeds and nurtures us. It gives us the energy and vitality we need to live. It is life giving! And just like bread Jesus challenges us to feed on him, to come to him daily for our spiritual food, vitality and life. More than that he promises us eternal life. Everyday bread like my Mothers Pride will keep me going in this life but only Jesus everyday will keep me going in the life to come.

Yours with love and prayer and Jeely Piece
Peter

Our Birthday wishes for this week

A special Happy Birthday
Katie Nicholson, John Fleming 70th

Blessings to on their wedding anniversaries to

David & Noreen Grieve

Tom & Joy Mooney

John & Jean Mellon - Golden Anniversary



COFFEE AT ST MARY'S



We are delighted to report that after a brief trial period of meeting outdoors that Coffee at St Mary's will be taking place at St Mary's

on Sat 14th August.

10.30am to 12 Noon

It will then be reviewed and possibly become a fortnightly event or revert back to a monthly Coffee Morning. Do let us know your preference.

Do speak to or email Andrew for more info - andrew@andrewwatt.org.uk



We continue to distribute food parcels every week to a variety of families in their time of need here are some of the things that we are hoping to include in the summer parcels going out in the coming weeks...

Cans of macaroni cheese, chicken soup

Cans of ravioli, Multi pack crisps

Chocolate biscuits e.g club, Kitkat, twix bars etc

Pot noodles and other instant pot meals.

The Full Gospel church is open from 10am to 10:30am on a Wednesday to receive your donations.— Thank You

Please note Peter & Fiona are happy to collect donations from you or for them to be dropped off at the Rectory 11 Peacock Parkway



Jzzy's News

Hello everyone,
Growl, growl, bark, bark ,
why won't people say hello.

Here I am sitting at the cat flap looking out at the world and watching the world go by. I don't really wish to be a cat but I am really jealous of our cat and think it's unjust that he, Honey the Cat, seems to have free run of the house and can come and go as he pleases! I do wish they had made that cat flap a little bigger so that I too could run out and say hello to every passing pedestrian. But here I sit saying hello with my friendly bark or low growl as someone walks by or another dog dares venture onto my lawn!

At least on hot days the patio door is usually open and I can run out and sneak up the side of the house and stick my nose through the gate to say hello. But then that annoying cat rubs my nose in it and sits the other side of the gate and rolls over in the sun before heading off into the bushes. Anyway I know I am better off as a dog, for I get to be taken out and given treats and even sometimes get to visit other people. The cat just cares for himself and although I don't want him to die, I am sure that one of these days if he keeps sniffing around all the workers vans and delivery trucks that come up our street he will find out that the proverb "curiosity killed the cat" holds a sad truth.

So folks don't be like the selfish cat only looking out for yourself and sticking your nose in other people's business. Be more dog like caring and loving always looking out to say hello and to be warm and welcoming to all your visitors but also seeking to keep your boundaries safe.

I will be off soon to go and see my Aunty Moira and so will bring you news of my next adventure soon .

With licks and barks from Izzy



Midlothian Doors Open Day

Saturday Sept 11th

Doors Open Days are always a delight and opportunity to welcome visitors to St Mary's

Volunteers are needed

to staff this event that runs from

10am—4pm

If you would like to help for an hour or two in the morning or afternoon please speak to Stephen Somerfield

A Big Thank You

The Neonatal unit were delighted to receive the baby clothes and blankets that our church members made for the babies. They have eagerly taken them all and happy for us to continue to knit items for them to use.



Stiches for Survival

Stiches For Survival is a group of knitters, crocheters, stitchers and crafters from across the UK and beyond with a heart-felt message to the COP26 climate talks to be held in Glasgow 1–12 November 2021. We are knitting, crocheting, stitching and crafting 1.5 miles of Scarf with climate messages for the negotiators to urge them to take bold and binding action together. The figure 1.5 represents the Paris agreement level for temperature change to be no higher than 1.5 degrees. Each piece of the scarf needs to measure 60cm x 100cm. This will make it much easier to assemble the full 'scarf', and also help re-purpose the pieces for blankets. The shorter edges will be the ones we join together so each piece will contribute 100cm to the length of the scarf. So if you want to do an image or writing on your piece make sure it is the right way up (60cm high and 100cm wide).

If you are interested in creating please speak to Vicki Clark or other Eco Committee Members.



Help with Toiletries

Over the past few years we have been collecting Travel Size Toiletries to be distributed to families who are rushed in to the Sick Kids Hospital. Sometimes the last thing they are thinking about is their toothbrush and toothpaste or even a comb?

So this is where you can step in and show your love and support. Please consider buying small or travel size toiletries, as well as combs and brushes to donate to the Children's Hospital Charity, who will distribute these to the families in their time of need. A collection box is available at both churches for your donations. Or contact Fiona if you need them uplifted.

Thank You

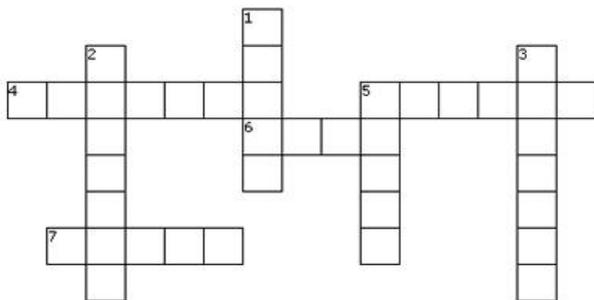


What is the Season of Creation?

The Faith and Order Board and College of Bishops have approved the introduction of a Season of Creation to our liturgical calendar. This reflects the commitment of our Church to responding appropriately to the global environmental and climate crisis, which has drawn attention to what has perhaps become a neglected aspect of our faith: that God created the world, that it is good, and that we, as human beings created in God's image, have a particular responsibility for the care of God's creation. It is right therefore that provision be made for this aspect of our faith within our worship.

**The Season of Creation will run throughout September
concluding with Thanksgiving for Harvest
on Sunday 3rd of October.**

Bible Puzzles



ACROSS

4. For everlasting time; eternally
5. To make an effort to hear something; to pay attention
6. To continue to be alive
7. The Son of God

DOWN

1. The earth with its inhabitants
2. A person who speaks for God; Isaiah, for example
3. To accept as true or real
5. To gain knowledge through experience or study

A I B H N L B S P F L N P R J
 N M S E N G T Y C N A J L Q E
 W N N R L E D C V W C T L L J
 E H A X H I I K R O X V H I F
 E E P P E L E F F R F U F E O
 L V O S H I I V Y L V A A D R
 T R E S D V I B E D N D E I E
 P R E R M E K C P N S E H E V
 T L U M L A Q K A B A S L D E
 F H L T O A X M F B T E I O R
 I J E Y H T S E H D E R F X B
 M E Q A M P H T A F S T E N U
 X S D B V D J E I L I S T E N
 O U Y P B E R L R N K Z X I V
 R S Z X V B N P T W G G N M M

bread
heaven
Jesus
father

mother
prophets
listen
learn

truth
believe
everlasting
life

ate
manna
desert
died

WORSHIP

Sunday 8th August

St Mary's Dalkeith 9.30am

St Leonard's 11.15am

Join with us in person, or online

You can Zoom in by computer or Tablet or by phone

Join ZOOM using Meeting ID: 656 157 5203

To PHONE in dial (0131) 460 1196

NEXT WEEK

St Mary's 9.30am

St Leonard's 11.15am

As we resume worship at both churches we are now also removing the need to sign up in advance of the Sunday Services. Thankfully we never had to turn anyone away and with the reduction of Social Distancing to 1m and worship at both churches resuming there is indeed plenty of room.

So please do come and bring a friend.

WORSHIP SURVEY

We invite you to fill in our WORSHIP SURVEY reflecting on the provision of Online worship that we provided throughout the lockdown.

We want to catch a flavour of what was good or not so good as well as assess the need to continue with some form of online presences.

*If you receive our weekly email follow the link that comes with the weekly news
Or fill in a paper copy today and pass to Peter when complete.*

THANK YOU

Welcome

Grace and peace to you from God our Father
and the Lord Jesus Christ **Amen**

**Almighty God, to whom all hearts are open,
all desires known, and from whom no secrets are hidden:
cleans the thoughts of our hearts by the inspiration of your Holy
Spirit, that we may perfectly love you, and worthily magnify your
holy name; through Christ our Lord. Amen.**

Hymn **GUIDE ME, O THOU GREAT REDEEMER**

Pilgrim through this barren land;
I am weak, but Thou art mighty,
Hold me with Thy powerful hand:
Bread of heaven, Bread of heaven,
Feed me now and ever more, Feed me now and ever more.

Open now the crystal fountain
Whence the healing stream doth flow;
Let the fiery, cloudy pillar lead me all my journey through:
Strong Deliverer, strong Deliverer,
Be Thou still my strength and shield,
Be Thou still my strength and shield.

When I tread the verge of Jordan
Bid my anxious fears subside;
Death of death, and hell's destruction,
Land me safe on Canaan's side:
Songs of praises, songs of praises,
I will ever give to Thee, I will ever give to Thee.

Prayer of Confession

As we gather in the presence of our Lord
let us confess our sins with penitence and faith.

**Father we acknowledge that we have not loved
as you would have us love.**

**We turn to you again and ask for your mercy,
forgive us and renew us through Jesus Christ our Lord**

God who is both power and love, forgive us and free us from our sins,
heal and strengthen us by his Spirit,
and raises us to new life in Christ our Lord . **Amen**

The Collect

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen

A Reading from John 6.35,41-51

Here the Gospel of our Lord according to St John.

Glory to Christ our Saviour.

35 Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.

41 At this the Jews there began to grumble about him because he said, 'I am the bread that came down from heaven.' 42 They said, 'Is this not Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I came down from heaven"?"'

43 'Stop grumbling among yourselves,' Jesus answered. 44 'No one can come to me unless the Father who sent me draws them, and I will raise them up at the last day. 45 It is written in the Prophets: "They will all be taught by God." [d] Everyone who has heard the Father and learned from him comes to me. 46 No one has seen the Father except the one who is from God; only he has seen the Father. 47 Very truly I tell you, the one who believes has eternal life. 48 I am the bread of life. 49 Your ancestors ate the manna in the wilderness, yet they died. 50 But here is the bread that comes down from heaven, which anyone may eat and not die. 51 I am the living bread that came down from heaven. Whoever eats this bread will live for ever. This bread is my flesh, which I will give for the life of the world.'

Reflection

Prayers for today

The Peace

We meet in Christ name
Let us share his peace.

Song

BEHOLD THE LAMB WHO BEARS OUR SINS AWAY,

Slain for us, - and we remember the promise made
that all who come in faith find forgiveness at the cross
So we share in this bread of life, and we drink of His sacrifice
as a sign of our bonds of peace around the table of the king

The body of our saviour Jesus Christ,
torn for you, - eat and remember; the wounds that heal,
the death that brings us life paid the price to make us one.
So we share in this bread of life, and we drink of His sacrifice
as a sign of our bonds of love around the table of the king

The blood that cleanses every stain of sin,
shed for you — drink and remember, He drained death's cup
that all may enter in to receive the life of God.

So we share in this bread of life, and we drink of His sacrifice
as a sign of our bonds of grace around the table of the king

And so with thankfulness and faith we rise, to respond
and to remember, our call to follow in the steps of Christ
as His body here on earth

As we share in His suffering, we proclaim Christ will come again
And we'll join in the feast of heaven around the table of the King

Eucharistic Prayer

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation; in your love you
made us for yourself. When we turned away you did not reject us,
but came to meet us in your Son.

**You embraced us as your children
and welcomed us to sit and eat with you.**

At supper with his friends we remember that
Jesus took bread, and gave you thanks;
he broke the bread and gave it to them,
saying: Take, eat; this is my body which is broken for you;
do this in remembrance of me.

**Father we do this in remembrance of him
his body is the bread of life.**

At the end of supper taking the cup of wine
he gave you thanks, and said: Drink this, all of you;
this is my blood of the new covenant,
which is shed for you for the forgiveness of sins;
do this in remembrance of me.

**Father we do this in remembrance of him
his blood is shed for all.**

So by the power and presence of the Holy Spirit
we worship together as one body and offer up our sacrifice of praise
as we lift our voices to join the eternal song of heaven:

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord
Hosanna in the highest.**

Hear us, most merciful Father, and send your Holy Spirit upon us
and upon this bread and this wine,
that, overshadowed by his life-giving power,
they may be the Body and Blood of your Son,
and we may be kindled with the fire of your love
and renewed for the service of your Kingdom.

**Help us, who are baptised
into the fellowship of Christ's Body
to live and work to your praise and glory;
may we grow together in unity and love
until at last, in your new creation, we enter into our heritage
in the company of the Virgin Mary, the apostles and prophets,
and of all our brothers and sisters living and departed.**

Through Jesus Christ our Lord, with whom, and in whom,
in the unity of the Holy Spirit, all honour and glory be to you,
Lord of all ages, world without end.

Amen.

The Lord's Prayer

Let us pray as our Lord taught us to pray;

Our Father in heaven

hallowed be your name

**your kingdom come, your will be done,
on earth as it is in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

**For the kingdom, the power, and the glory
are yours now and for evermore. Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Distribution of Communion

(Mask, Sanitise, Receive, consume. Replace Mask)

Prayer after Communion

**Eternal God, grant to your Church the unity and peace that we who
are one body through receiving the gift of Christ broken for us may
live by the power of your life-giving Spirit. We ask this in the name
of Jesus Christ the Lord. Amen**

The Blessing

The peace of God, which passes all understanding,
keep your hearts and minds in the knowledge and love of God,
and of his Son, Jesus Christ our Lord: and the blessing of God
almighty, the Father, the Son and the Holy Spirit,
be among you and remain with you always.

Amen

Hymn **I, THE LORD OF SEA AND SKY**, I have heard My people cry;
All who dwell in dark and sin, My hand will save.
I, who made the stars of night, I will make their darkness bright.
I will speak My word to them. Whom shall I send?

*Here I am, Lord. Is it I, Lord?
I have heard You calling in the night.
I will go, Lord, If You lead me;
I will hold Your people in my heart.*

I, the Lord of snow and rain, I have borne my people's pain;
I have wept for love of them – They turn away.
I will break their hearts of stone, give them hearts for love alone;
I will speak My word to them. whom shall I send?

I, the Lord of wind and flame, I will tend the poor and lame,
I will set a feast for them – My hand will save.
Finest bread I will provide, till their hearts are satisfied;
I will give My life to them. Whom shall I send?

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen



Join in with

Weekly Sunday Worship



St Mary's 9.30am

stmarysdalkeith.org.uk

St Leonard's 11.15am

stleonardslasswade.org.uk

Find us on  **@StLandM**

Wednesday Morning On-line Worship

10am Zoom using Meeting ID: 656 157 5203

Church Office & Rectory

11 Peacock Parkway

Bonnyrigg EH193RQ



0131 663 7000

or email  **office.stlandm@gmail.com**

Both Churches are registered Charities

St Leonard's Episcopal Church: Lasswade SC014151

St Mary's Episcopal Church: Dalkeith SC001677

**Do let us know if any need arises at this time
and we will try and help.**