

# Connect

The weekly news from St Leonard's & St Mary's  
Sunday 20th June 2021 - Father's Day



**“Peace! Be still!”**

# A Guide to worship in the Church

*We are operating within Tier 2 Regulations*



## **Step 1** Please book in advance by the Friday before the Sunday

Service that you wish to attend. Phone 663 7000  
or email: office.stlandm@gmail.com to book in.

## **Step 2** Remember to come If you find yourself unable to attend please do try and let us know to allow someone else to attend if possible.

## **Step 3** On the Sunday bring your mask and keep your distance

A 2 metre social distancing is encourage inside and outside the building. If there is a queue please be patient and wait to be welcomed in.



## **Step 4** Mask On - Hands Sanitised - be shown to a seat

We will welcome you and register your attendance.

You will be asked to sanitise your hands and then be guided to a seat. Please do feel free to say hello to those near by but keep your distance.



## **Step 5** The Connect News should be on your seat.

The Liturgy for the service can be found at the back of the Newsletter Please take the Connect News home with you. Be still and pray for God to bless you and those who gather with us for worship.



## **Step 6** Please do join in with the worship and responses. Sadly, singing is not to be encouraged but music and hymns will be played.

## **Step 7** Communion - Mask, Sanitise, Receive, - Mask, Sanitise, Return

At this time only communion bread will be served. When invited to come forward to receive please do so respectfully of others. When you come forward remove your mask, then sanitise your hands before receiving and consuming the bread. Then replace your masks and sanitise your hands before returning to your seat.

It is ok to pass by each other briefly as you move to receive communion. (If you are infirm or unable to come forward the Priest will come to you. Please ask to sit in an accessible place.)



## **Step 8** Leaving the Church

You will be directed to leave from the seating closest to the door leaving first. Please sanitise your hands as you leave.

As regulations ease we hope to return to offering Tea and Coffee after the service but currently we ask for you to fellowship briefly outside, if the weather allows, while remaining socially distant.



# A Rector's Muse

It is with delight that we send our congratulations and welcome to Baby Rennicks born on Thursday 17th June at 8lb 10 oz to Michelle and Jamie Rennicks. Michelle and Jamie were married in St Mary's back in 2011 and attend St Mary's throughout the year with Michelle's mother Judy Jessiman. Judy is delighted and over the moon that Mother and Baby are well and that she is now the proudest of Grandparents. We look forward to receiving some pictures for next weeks Connect News and also to hear what name Baby Rennicks will be given. Our thoughts love and prayers go to Michelle, Jamie, Baby and Grandma Judy.

Not that I am really qualified to talk about pregnancy or giving birth, however it is an amazing and wonderful event, even for a father if they are allowed to be present and engage with what is going on. The time can be filled with excitement and trauma, fear and anxiety as well as delight and wonder. The birth of new life is often accompanied by pain and although this can be managed to a degree with medical intervention it is clear that many women face the storm of giving birth and come through that storm exhausted but amazed and delighted. We are also aware that there are times when it is also not plain sailing and sadly sometimes tragedy does occur leaving us desolate and bereaved with the pain of the loss of a child.

While reading this weeks Gospel reading about the storm that blew up and nearly drowned the disciples while Jesus lies asleep on his pillow I was reminded of a quote by Julian of Norwich.

*"He said not 'Thou shalt not be tempested, thou shalt not be travailed, thou shalt not be dis-eased'; but he said, 'Thou shalt not be overcome.'"*

Along with this quote is Julian's mantra of "all will be well" ! So we are to take encouragement and place our trust afresh in God as we travel through all of life's different storms that will come our way. Like the birth pains they too will soon pass and we will by faith find ourselves in a safe harbour.

May your life in this world be a happy one  
May the Sun be warm and may the skies be blue  
and may each storm that comes your way clear the air for a brighter day  
may the Saints and Saviour watch over you

With love and prayers  
Peter



## THE LABYRINTH

You may have many questions beginning with "What is a labyrinth?" Is there a right or wrong way to walk a labyrinth? Are labyrinths only for the able-bodied? Are there different types of labyrinths? Are they always outdoors? Is there a difference between a maze and a labyrinth? Are labyrinths actually useful for prayer and meditation or perhaps you may feel they are just too woo-woo for you?

We invite you to **join us at our Labyrinth Café** where there will be a chance to discuss the answers to all these questions (and more!), and an opportunity to try out a basic labyrinth walk.

We will use an indoor, canvas labyrinth and observe the safety protocols in place on the day. Currently that means refreshments are possible but be prepared to bring your own picnic if need be. Sufficient time is planned so all who want to have a go will have an opportunity. A labyrinth walk is inherently socially distant so although there will be movement it is at a distance from others. However our table discussions and refreshment time will allow that social connection that many of us have missed over this past year. Join the fun and learn something new or share your knowledge!

Two Labyrinth Cafes will be offered initially as an introduction session. You are invited to attend either or both Cafes if we have capacity. Reservations will be required to ensure the safety of all and so there are sufficient materials on hand. Wouldn't it be wonderful if we were in danger of exceeding our capacity?

**July 3 (Saturday), 10 a.m. to 1 p.m., St Leonards.**

**August 7 (Saturday), 10 a.m. to 1 p.m., St. Marys.**

To reserve your place, contact Sandiann at 07851903151

Or email [sandiann.devaney@yahoo.com](mailto:sandiann.devaney@yahoo.com)

Alternatively you can let the church office know you plan to attend.



Our Birthday wishes this week go to

**Martin Johnston, Pauline Jones,  
Margaret Mckeekin, Sue Blamire**

***Other celebrations include***

The Golden Wedding +1 Anniversary of  
Mike & Elizabeth Jones on 27th June



# *Jzzy's News*

Hello everyone,

On my travels I often to hear people complaining about the Doctors. Not that they are actually complaining about any specific Doctor. It's more about the frustration they face when trying to phone for an appointment. You are already not feeling well and concerned enough to phone but the thought of having to get up early when your not feeling well, then be left waiting, hanging on while some crazy eerie music plays in the que system. Then when you do get through if your that luck you get the message that all the appointments for today have already been taken! I know some of you even have to fill in an online booking to ascertain if your not well enough to be given an appointment. How that works when your paws keep hitting the wrong keys I do not know.

Now normally, as a dog, I would not be bothered by such things after all it does sound like most Vets operate better than the Dentist's or Doctor's from what my Mum and Dad say. But all that changed this week! I am still waiting on my Vets getting back to me and every time that Mum phones on my behalf she seems to get through to a "clearing service" in Wales! They then are supposed to log the call and notify the local Vets to call us back. Not sure when this new system was introduced but my Welsh is not that good "Mae angen triniaeth chwain ar gi bach" Is what I think we need to ask for Mum? Not that I am ill or anything like that its just a request for my regular worm and flea treatment.

I pray that the next time you are faced with having to phone for something that you will have the patience and resolve to hold and are successful in your endeavours. Now back to phoning the Vets!

*With licks and barks from Izzy*





Hello to everyone,

Have you ever wondered about what are our neighbours doing? Ok sometimes its not good to be a nosey neighbour but at other times we can pick up tips and ideas if we just take the time to speak with our neighbour.

Over in Penicuik, the Penicuik Carbon Challenge which is funded by the Scottish Government's Climate Challenge Fund and hosted by Penicuik Community Development Trust are pulling their resources together so that they can provide workshops and other opportunities that are perhaps beyond a small group effort or ourselves as a church of volunteers.

They have some interesting classes on bike maintenance, sewing classes, foraging walks, low carbon food workshops, upcycling craft sessions for families. Already, many of their classes are fully booked which shows that there is interest in such activities.



Perhaps you have a skill you could teach to a

small group? It could be a one-off demonstration which we could consider when we are allowed to open again in full. How to make rhubarb and ginger jam is one I would be interested in. Would Janina be up to challenge and give us a demonstration?

The Penicuik Group also have a film club, very much like our own Eco-Film Nights showing Eco and Ethical films many of which, we have already had the opportunity to view as part of our own Eco Film programme.

However, on Monday 28<sup>th</sup> June, a film not yet been released by us is available to view and discuss live at the flicks! If you fancy a wee night out and a run in the country to Penicuik, you can watch 'Before the Flood'.

Look out for some familiar faces in the audience as I noticed on their website some Cursillistas I recognise. Could turn into a good evening out.



Monday 28th June

at 34 John Street

7.30 – 9:30pm

## Before The Flood

by National Geographic with Leonardo di Caprio - a riveting account of the dramatic changes now occurring around the world due to climate change and the actions we as individuals and as a society can take.

Watch the film and take part in discussion at our project base at 34 John Street Penicuik- numbers will be limited and covid measures will be in place.

To join us for this event visit our [online booking page](#) or email [liz@penicuikcarbonchallenge.org](mailto:liz@penicuikcarbonchallenge.org)



**Our next Eco Film night is on Wednesday 7<sup>th</sup> July.**

*(Watching and joining details will be in next week's Connect )*

## Bikes vs Cars

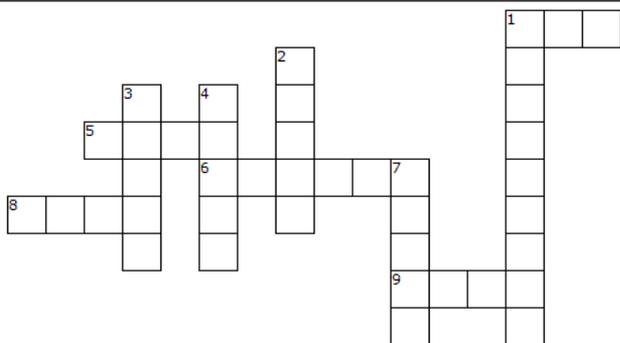
Bikes vs Cars looks at both the struggle for cyclists in a society dominated by cars, and the revolutionary changes that could take place if more cities moved away from car-centric models. We hope you will join us as we consider ways for the future for our children and grandchildren.

All are welcome to get involved.

# Bible Puzzles

A F R A I D J T E E Q E L A J  
K T D Y Z E T U F Q Z F Z W I  
S T I L L N L Q A S I C G O D  
E V E N I N G W I N D B A H W  
C D H Y W G L W T O W J E L K  
U L H C A D H O H B A W E P M  
S B E I V V H K D E T A M M S  
H I J W E G I E T Y E W G E H  
I L V H S J O A P O R N L Y S  
O D Q C H E O W M V I P G Q I  
N D R L C B V R I P I U T D L  
Y L K O R H O A E C H G O K E  
N J N T W T A E S R E Q T L N  
H F V W S N L I E H A P U X C  
Y J E S U S D I U T D L A K E

CUSHION	CALM	LAKE	WOKE	WAVES
SLEEPING	STORM	AFRAID	WATER	WIND
DISCIPLES	BOAT	JESUS	DROWN	FAITH
SILENCE	STILL	EVENING	OBEY	HEAD



## ACROSS

1. A period of twenty-four hours
5. A body of water that is surrounded by land
6. To have a feeling of fear
8. A relatively small craft which travels on water
9. A raised movement of water rolling across the surface of the sea

## DOWN

1. The original followers of Jesus
2. A violent weather condition with strong winds and heavy rain
3. A high degree of trust or confidence in someone
4. To be calm, without much activity
7. To die by being under water and unable to breathe

# WORSHIP

**Sunday 20th June 2021**

**Pentecost 5 Trinity 4 Proper 12 — Father's Day**

**Join with us online for our worship this**

There are a selection of ways to join in on ZOOM using ID: 656 157 5203

**PHONE in dialling** ( 0131) 460 1196

Catch up or Watch Live on by joining our Facebook Group

Look for "St Mary's and St Leonard's Church Family"

## Situations Vacant -Readers, Intercessors, Worship Leaders

As we continue with our return to in-person worship we are on the lookout for volunteers to consider helping us in delivering our weekly worship

Please speak to Anne MacKay, or Peter and Fiona

Previous participants welcome and training available for new and old alike.



**Online Coffee at Mary's**  
10:30 am Saturday Mornings

*This event is kindly hosted by Andrew Watt*

*To obtain your weekly Coffee invite please speak to Andrew  
or email [andrew@andrewwatt.org.uk](mailto:andrew@andrewwatt.org.uk)*

## **Thelma Lewis**

The service of Celebration for the Life of Thelma Lewis will take place at Mortonhall Crematorium on Thursday 24th June at 1pm. We especially pray for her daughters Helen and Charlotte and their families at this time.

*Please speak to Peter if you would like to attend the service as there are a number of limited places.*

**Welcome** *Jennie*

Grace and peace to you from God our Father  
and the Lord Jesus Christ

**Amen**

Give thanks to the Lord,  
**for he is good; and His steadfast love endures for ever.**

Let the redeemed of the Lord come with singing  
**from East and West, North and South**  
**we declare that the Lord is good.**

**Hymn**     **I CANNOT TELL why He, whom angels worship,**  
Should set His love upon the sons of men,  
Or why, as Shepherd, He should seek the wanderers,  
To bring them back, they know not how or when.  
But this I know, that He was born of Mary,  
When Bethlehem's manger was His only home,  
And that He lived at Nazareth and laboured,  
And so the Saviour, Saviour of the world, is come.

I cannot tell how silently He suffered,  
As with His peace He graced this place of tears,  
Or how His heart upon the cross was broken,  
The crown of pain to three-and-thirty years.  
But this I know, He heals the broken-hearted,  
And stays our sin, and calms our lurking fear,  
And lifts the burden from the heavy-laden,  
For yet the Saviour, Saviour of the world, is here.

I cannot tell how He will win the nations,  
How He will claim His earthly heritage,  
How satisfy the needs and aspirations  
Of east and west, of sinner and of sage.  
But this I know, all flesh shall see His glory,  
And He shall reap the harvest He has sown,  
And some glad day His sun shall shine in splendour,  
When He the Saviour, Saviour of the world, is known.

I cannot tell how all the lands shall worship,  
When, at his bidding, every storm is stilled,  
Or who can say how great the jubilation  
When all the hearts of men with love are filled.  
But this I know, the skies will thrill with rapture,  
And myriad, myriad human voices sing,  
And earth to heaven, and heaven to earth, will answer:  
'At last the Saviour, Saviour of the world, is King!'

### **Prayer of Confession** *Jennie / Peter*

As we gather and bless the Lord who redeems us,  
let us confess our sins with penitence and faith.

**Father we acknowledge  
that we have not loved  
as you would have us love.**

**We turn to you again  
and ask for your mercy,  
forgive us and renew us  
through Jesus Christ our Lord**

God who is both power and love,  
forgive us and free us from our sins,  
heal and strengthen us by his Spirit,  
and raises us to new life in Christ our Lord . **Amen**

### **The Collect**

**O God our defender,  
storms rage about us and cause us to be afraid.  
Rescue your people from despair,  
deliver your sons and daughters from fear,  
and preserve us all from unbelief;  
through your Son, Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever  
Amen**

## The Gospel

*Sandiann*

Hear the Gospel of our Lord according to Mark 4:35-41

### **Glory to Christ our Saviour**

When evening had come, Jesus said to them, 'Let us go across to the other side.' And leaving the crowd behind, the disciples took Jesus with them in the boat, just as he was. Other boats were with him.

A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm.

He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

Give thanks to the Lord for His glorious Gospel

### **Praise to Christ our Lord**

## Reflection

*Jacqui*

## Prayers

Neil

## The Peace

We meet in Christ name

**Let us share his peace.**

## Song:

**FAITHFUL ONE, so unchanging,**

Ageless One, You're my Rock of peace.

Lord of all, I depend on You,

I call out to You again and again.

I call out to You again and again.

You are my rock in times of trouble.

You lift me up when I fall down.

All through the storm Your love is the anchor,

My hope is in You alone.

## Eucharistic Prayer *Peter*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.

When we turned away you did not reject us,  
but came to meet us in your Son.

**You embraced us as your children  
and welcomed us to sit and eat with you.**

At supper with his friends we remember that  
Jesus took bread, and gave you thanks;  
he broke the bread and gave it to them,  
saying: Take, eat; this is my body which is broken for you;  
do this in remembrance of me.

**Father we do this in remembrance of him  
his body is the bread of life.**

At the end of supper taking the cup of wine  
he gave you thanks, and said: Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

**Father we do this in remembrance of him his blood is shed for all.**

So by the power and presence of the Holy Spirit  
we worship together as one body and offer up our sacrifice of praise  
as we lift our voices to join the eternal song of heaven:

**Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord  
Hosanna in the highest.**

Come Holy Spirit, come upon us and upon this bread and wine that overshadowed by your life-giving power they may be the Body and Blood of our Lord and that we may be kindled by the fire of your love and renewed for service in your Kingdom.  
**Amen.**

## **The Lord's Prayer**

Let us pray as our Lord taught us to pray;  
**Our Father in heaven hallowed be your name  
your kingdom come, your will be done, on earth as it is in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory  
are yours now and for evermore.  
Amen.**

## **Breaking of the Bread**

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## **Distribution of Communion**

*(Mask, Sanitise, Receive, Mask, Sanitise, Return)*

## **Prayer after Communion**

Almighty God, guide and protect your people  
and keep us always in your love; through Jesus Christ our Lord.

## **The Blessing**

The peace of God, which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son, Jesus Christ our Lord: and the blessing of God  
almighty, the Father, the Son and the Holy Spirit,  
be among you and remain with you always.  
**Amen**

**Hymn**      **IN HEAVENLY LOVE ABIDING,**  
No change my heart shall fear;  
And safe is such confiding,  
For nothing changes here:  
The storm may roar without me,  
My heart may low be laid;  
But God is round about me,  
And can I be dismayed?

Wherever He may guide me,  
No want shall turn me back;  
My Shepherd is beside me,  
And nothing can I lack:  
His wisdom ever waketh,  
His sight is never dim;  
He knows the way He taketh,  
And I will walk with Him.

Green pastures are before me,  
Which yet I have not seen;  
Bright skies will soon be o'er me,  
Where darkest clouds have been;  
My hope I cannot measure,  
My path to life is free;  
My Saviour has my treasure,  
And He will walk with me.

## **The Dismissal**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen**

*Please remember to leave beginning with those seated nearest the main door.  
You are welcome to gather outside for a **short time** of fellowship  
and remind you to **keep socially distant** at that time*

*Thank You*



# St Leonard's & St Mary's

## Next Sunday Worship at St Leonard's 11.15am

As we prepare for worship to resumes within the church buildings we encourage those wishing to attend next Sunday's Worship to advise us of their intention to do so.

**Please phone / email the Church Office preferably by Friday.**

This will help us prepare the church for your arrival.

Thank You.



## St Mary's

[stmarysdalkeith.org.uk](http://stmarysdalkeith.org.uk)

## St Leonard's

[stleonardslasswade.org.uk](http://stleonardslasswade.org.uk)

Weekly Online Worship will be available on Sundays  
and on a Wednesday Mornings at 10am

Find us on  @StLandM

## Church Office & Rectory

11 Peacock Parkway Bonnyrigg EH193RQ



0131 663 7000 or email  [office.stlandm@gmail.com](mailto:office.stlandm@gmail.com)

Both Churches are registered with the Scottish Charity Register as

St Leonard's Episcopal Church: Lasswade SC014151

St Mary's Episcopal Church: Dalkeith SC001677

Do let us know if any need arises at this time  
and we will try and help.